

Circle or highlight any of the numbers that apply to you.

1. Half of my body hurts.
2. I have heel spurs or a history of rolling my ankle.
3. Writing seems to go in all different directions and seems to get worse as I continue to write.
4. I prefer rock or rap music.
5. I am very analytical.
6. I often miss the gist of a story or I am the last to get a joke.
7. I am a poor singer or my ability to sing has decreased.
8. I have a history of suicidal thoughts.
9. I tend to write very small.
10. I fatigue reading fiction novels or I have difficulty visualizing images of a story.
11. I am very good at finding mistakes (e.g. spelling).
12. I love crossword puzzles.
13. When I look in a mirror I feel as though the reflection is looking back at me.
14. I tend to withdraw when challenged or confronted.
15. I have noticed a recent shortness of breath.
16. I recognize faces but not names of people.
17. I tend to be happy, affectionate, hugs and kisses.
18. I tend to write very large.
19. I fatigue reading technical material.
20. I have difficulty seeing patterns in things.
21. I love doing mazes.
22. Others complain that you always think you are right.
23. Difficulty remembering a phone number when someone calls it out to me.
24. Difficulty parallel parking; catching or hitting baseball
25. Difficulty planning.
26. Difficulty learning.
27. Difficulty sequencing events in the proper temporal order (i.e. in order of time that events occurred).
28. Difficulty establishing and maintaining a behavior.
29. Difficulty changing a set behavior.
30. Difficulty modeling someone's behavior but if told how to do something then can do it.
31. Tend to lose focus on visual tasks.
32. Walk into a room and forget what you went in there for.
33. Personality changes, mood or affect.
34. Start projects don't finish; difficulty with attention to tasks.
35. Difficulty with initiation, motivation.
36. Incontinent and don't care.
37. Spontaneous crying or laughter.
38. Engage in activities that are very risky.
39. Rapid, jerky, involuntary movements.
40. Noticed changes in how things taste or smell or difficulty imagining how things taste or smell.
41. Easily distracted by ordinarily insignificant stimuli.
42. Lack social tact or antisocial.
43. Monotone speech or very low pitch voice.
44. Words get stuck, can't get them out.
45. Difficulty having insight into a situation.
46. Difficulty making judgments.
47. Ideas constantly popping in and out of head.
48. Stumble over words and gets worse as continue talking or when fatigued.
49. Penmanship deteriorates as continue to write.
50. Numbness noted anywhere on body.
51. Have become irritable or am easily agitated.
52. Less empathetic than use to be.
53. I have a very high pitch voice.
54. Attention difficulties associated with hyperactivity.
55. Difficulty identifying known objects.

56. Thought processing seems to be slow.
57. Reading comprehension problems.
58. Reading skill problems.
59. Stuck on ideas or things, can't let go.
60. Difficulty finding solutions to new problems.
61. Change in bladder function (difficulty starting, stopping flow, sudden urges, increased frequency).
62. Forget why I walked into room "Forgot what I was doing".
63. Poor time management; chronic tardiness.
64. Disorganized
65. Procrastinate
66. Emotionally unavailable
67. Trouble learning from experience.
68. Short term memory problems.
69. Social and test anxiety.

70. Worry a lot.
71. Hold onto "hurts" from the past.
72. Get stuck on thoughts.
73. Get stuck on certain behaviors.
74. Argumentative, oppositional behavior.
75. Uncooperative, tendency to say no.
76. Addictive personality (alcohol, nicotine, eating).
77. Chronic pain.
78. Very inflexible mentally.
79. Eating disorders.
80. Road rage.

81. Yawning constantly.
82. Moody, irritable, clinical depression.
83. Increased negative thinking.
84. Perceive events in a negative way.
85. Flood of negative emotions.
86. Appetite or sleep problems.
87. Decreased or increased sexual responsiveness.
88. General sense of not feeling well.
89. Eating disorders.
90. Difficulty with new memories.
91. Experience a lot of feelings of frustration.
92. Face, lip movements or noises.
93. Happy all the time.
94. Sad, moody or irritable all the time.
95. Can't recognize very familiar faces.
96. Difficulty distinguishing between a happy face and a sad faces.
97. When laugh one side of smile greater then the other.
98. Depression with periods of feeling blissful.
99. History of amnesia.
100. Excessively docile.
101. Total lack of fear even when it would seem appropriate.

102. Difficulty with motor coordination.
103. Spontaneous movements of muscles, cramps, restless legs, tapping, ticks, tremors.
104. If try and stop ticks or tremors get anxious.
105. Difficulty getting movement going (e.g. feel like feet are stuck to floor).
106. Sleep disturbances.
107. Obsessive thoughts or behaviors or songs get stuck in head.
108. I don't experience a lot of emotion, relatively flat emotionally.
109. I have difficulty suppressing emotion.
110. Panic attacks.
111. Tendency to predict the worst.
112. Conflict avoidance.
113. Muscle tension, soreness.
114. Headaches.
115. Low or excessive motivation

116. Difficulty hearing differences in the tones of music.
117. Sometimes language sounds foreign.
118. Spontaneous "out of the blue" emotional or behavior changes.
119. Déjà vu, sense that things feel unreal, visual or auditory hallucinations.
120. Feel that your feelings are not your own.
121. Sudden fear, anger or sexual feelings.
122. Become paranoid about things.
123. Become delusional in any way.
124. Total loss of sexual interest.
125. Intensely emotional, ardently religious, extremely moralistic, totally lacking in humor.
126. Difficulty with short term memory.
127. Difficulty with long term memory.
128. Ringing in ears.
129. Hearing things that others do not (e.g. voices, music).
130. Hear back ground noise only.
131. Dreams where you can't speak or hear?
132. Difficulty hearing high pitch sounds.
133. Difficulty hearing low pitch sounds.
134. See shadows.
135. Sense presence of others.
136. Sometimes can't distinguish between what is real and what is not.
137. Sometimes can't distinguish between inanimate and animate objects.
138. Difficulty identifying "what" a moving object is.
139. Difficulty recognizing familiar faces.
140. Sometimes have "evil", dark or violent thoughts.
141. Aggressive behavior.
142. Sensitivity to slights.
143. Reading difficulties.
144. Emotional instability.

145. Problems with bowel function; constipation; diarrhea; blood pressure; hear rate.
146. Anxiety
147. Sense of world spinning or you spinning.

148. Letters are sometimes seen backward.
149. Get claustrophobic, tunnel vision or that the world is closing in.
150. Difficulty counting, calculating (e.g. long division).
151. Have difficulty understanding how you yourself feel.
152. Without looking, have difficulty knowing "where" in space foot or hand is.
153. Difficulty with calculations.
154. Confused between left and right.
155. Poor observational skills.
156. Odd sensations (e.g. bugs crawling on skin).
157. Have difficulty understanding how others feel.
158. Difficulty knowing which way is north.
159. Panic attacks or out of body experience.
160. Sometimes your left hand or foot does not feel like yours (i.e. disconnected).
161. Get surprised by things coming from left side.
162. Difficulty with word problems.
163. 3 dimensional objects ever appear 2 dimensional.
164. Difficulty identifying a common object.
165. Difficulty getting dressed.
166. All sounds, voices, music seem flat.
167. Difficulty reading peoples facial expressions.
168. Difficulty performing a motor task that has always been easy (e.g. using a hammer or scissors)
169. Difficulty knowing what is in your pocket (left or right) without pulling it out and looking at it.
170. Difficulty judging differences in the weight of objects.
171. Sometimes forget to shave, comb hair or eat food on one side.
172. Difficulty getting dressed. Sometimes buttons missed despite paying close attention.
173. Difficulty identifying moving objects but no problem once they are stationary.
174. Perceive pain but do not experience any associated emotion with the pain.

175. Difficulty interpreting emotional content of a verbal conversation.
176. Visual hallucinations without color.
177. See visual images of people or objects that are not there; visual hallucinations.
178. See visual hallucinations of people who communicate with me.
179. See zig zag lines or waves.

180. Visual hallucinations with color
181. Fast jerky movements.
182. Changes in eating or drinking habits.
183. Changes in maternal behaviors or nurturing behaviors (e.g. behavior with children or animals).
184. Changes in initiating and maintaining behaviors that you found rewarding.
185. Disturbances of sleep / wake cycle.

186. Difficulty focusing on something near or far and gets worse when tired.
187. Dizzy when going down stairs or escalators.
188. Find lights and / or sounds to be too intense at times.
189. Whole body hurts.
190. I notice that I sweat more on one side than the other.
191. Dry eyes, nose, mouth or tearing of eyes and running of nose, excess saliva.
192. Light headed, nausea, heart palpitations, vomiting, motion sickness.
193. Change in voice.
194. Difficulty projecting voice
195. Difficulty with arousal (i.e. waking up), I seem to be half asleep all the time.
196. Difficulty relaxing, falling asleep, constantly keyed up.
197. History of blood pressure problems low or high.
198. History of respiration problems.
199. Get heart palpitations or fluttering or racing heart.
200. World spins (Left or Right)*
201. You spin (Left or Right)*
202. Get double vision when look to one side.
203. Often bite tongue or cheek.
204. Difficulty localizing the direction of a sound.
205. Voice is really soft.
206. Often feel sick to stomach, eyes tear, mouth waters.
207. Snoring or choking on food.
208. Changes in heart, lung, gut, bowel or bladder or sexual function.

209. Difficulty visualizing a performance, activity or physical action.
210. Change in position makes you light headed.
211. Often bump into things.
212. Slurring of speech.

Explanation if needed for any of the above circled items.